

**Reb31
Groove®
with Kyoko**



This is a monthly registered class that meets 4 times per month.

**Wednesdays
6:30-7:30 pm**

\$20 Dist/\$25 Non-Dist

*Registration guarantees you a spot in each 4 classes.

*There will be no credit for missed classes unless it is due to a medical condition.

Reb31®Groove

This fun workout fuses hard-hitting choreography with HITT mechanics & powerful music, resulting in high intensity, energetic, boot camp style dance fitness.

**Registration for the April session begins
March 20th at 5pm & closes March 31st at 5pm.
Space is limited.**



trailsrecreationcenter.org

