

Give Yourself or Someone You Know The Gift of Health!!



PERSONAL TRAINING SPECIAL February 14th-February 28th, 2021

Buy 5 Sessions, Get the 6th FREE!

- Purchases must be made from Feb 14th-Feb 28, 2021
- Special includes Youth, Senior, Buddy, & Private Yoga sessions.
- Sessions do not expire.
- New clients must complete a personal training packet found at the front desk or our website.
- Limit of 3 packages per person.



trailsrecreationcenter.org

The Trails
Recreation Center

Arapahoe
Park & Recreation
District