

Trails 10th Annual Fitness & Wellness Fair

Saturday, Sept 21st 9:00 am-12:00 pm

FREE TO
THE PUBLIC

PLEASE JOIN US FOR A FUN DAY OF HEALTH, FITNESS & WELLNESS

We will have a variety of vendors from our community who provide services or products that can benefit your health, fitness and wellness.

EatLiveFit Nutritional Coaching

Forever Aloe Vera

Fit Physical Therapy

Spiritual Company

Lovett Family Chiropractic

South Metro Fire Department

Cherry Creek Retirement Village

Juice Plus

doTerra Essential Oils

Damsel In Defense

Mile High Recovery

Boulder Company Co.

Bemer Therapy

Whole Body by Sally

Face Painting and more!

The Trails Recreation Center
16799 E Lake Avenue
Centennial, CO 80015



trailsrecreationcenter.org

