



Youth Stroke Clinics

Are you ready for Swim Team?! These one-hour workshops will help you improve competitive strokes. Swimmers should be comfortable in the water and be familiar with the concept of the stroke the clinic is focused.

Freestyle

Monday, May 20

6-12 yrs 6-6:50pm #2965

13-18 yrs 7-7:50pm #2975

Breaststroke

Wednesday, May 22

6-12 yrs 6-6:50pm #2967

13-18 yrs 7-7:50pm #2977

Backstroke

Tuesday, May 21

6-12 yrs 6-6:50pm #2966

13-18 yrs 7-7:50pm #2976

Butterfly

Thursday, May 23

6-12 yrs 6-6:50pm #2968

13-18 yrs 7-7:50pm #2978

**\$20 (Dist) /
\$25 (Non-Dist)
per workshop**

Space is limited! Sign up today at www.trailsrecreationcenter.org!

For more information, call 303 269-8430 or email kylierupe@aprd.org