

# *'Shake It, Rock It, Let's Glow!'* **Pound/Zumba Glow Party**

**Join us for the best of 2 fun fitness formats!**

50 minutes of *Pound with Amanda* followed by  
50 minutes of *Zumba with Honey*

in a 'glow in the dark' atmosphere  
*(glow stick items will be provided along with snacks)*

**Friday March 1st 6:45-8:30 pm**

**Cost: \$12**

**Event : 455**




**Space is  
Limited!**



[trailsrecreationcenter.org](http://trailsrecreationcenter.org)

The  
**Trails**  
Recreation Center

 Arapahoe  
Park & Recreation  
District