

'Make & Take' Classes

The sky is the limit...whether it is a linen spray, an air freshener, hand sanitizer, pain relief balm, yoga mat cleaner, or special gifts, you can make it with essential oils.

Join us for one of these fun workshops.

Lip Balm & Sugar Scrub

Great holiday ideas! Make 3 items to take home.

Sat, Dec 1st 3-4 pm Fee: \$15* Class #:4801

Bath Bomb Demo & Giveaway

Plus make a medicinal roller, purse size spray & cleanser.

Sun, Dec 2nd 1-2 pm Fee: \$15* Class #:4802

Body Butter Demo & Giveaway

Choose 3 recipes for your 'Make and Take'

Sat, Dec 8th 3-4pm Fee: \$15* Class #:4803

*Add'l \$10
supply cost
paid to the
instructor day
of workshop.

Great For
Gifts!



trailsrecreationcenter.org

The
Trails
Recreation Center



Arapahoe
Park & Recreation
District