

Position Announcement
GROUP FITNESS INSTRUCTOR

The group fitness instructor is responsible for leading group exercise classes in an enthusiastic, fun and safe manner, while providing a welcoming and motivational atmosphere, which inspires participants to improve their physical and mental health.

Applicants must possess current National Fitness Certification (AFAA or ACE preferred) and have 1 year experience in group fitness instruction and/or equivalent combination of education and experience.

Candidates should have strong comprehension of strength training and cardiovascular exercise; basic knowledge of anatomy, exercise physiology, kinesiology, mechanical functions of the body and injury prevention, knowledge of group fitness teaching strategies and the incorporation of music, tempo, cueing technique, and rhythm, and the ability to modify exercise programs for special populations. Valid CPR and

First Aid certification required upon hire

Hiring Range is \$20.00 - \$26.00 per hour dependent upon qualifications and experience.

This is a part-time position. Early morning, evening, weekend, and occasional holiday work may be required.

Interested applicants should submit an [employment application](#), including a copy of their current certification(s) to the Arapahoe Park and Recreation District at 16799 E. Lake Ave, Centennial, CO 80016;

Attention Gina Flowers, or via email ginacas@aprd.org.

This position will remain open until filled.

The Arapahoe Park and Recreation District is an Equal Opportunity Employer and ADA compliant.