

Position Announcement
CERTIFIED PERSONAL TRAINER

The personal trainer is responsible for working with clients on an individual or small group basis to help them meet their fitness goals by developing personalized exercise programs and assisting them during their workouts in a motivational and friendly atmosphere.

Applicants must possess a current National Personal Training certification (ACE/ACSM, AFAA, or NSCA), and a valid CPR/First Aid certification and at least one year of experience in personal training. An equivalent combination of education and experience will be considered. Candidates should have

Comprehension of strength training and cardiovascular exercise; basic knowledge of anatomy, exercise physiology, kinesiology, mechanical functions of the body and injury prevention and the Ability to modify exercise programs for special populations

Hiring Range is \$20.00 - \$26.00 per hour dependent upon qualifications and experience.

This is a part-time position. Early morning, evening, weekend, and occasional holiday work may be required.

Interested applicants should submit an [employment application](#), including a copy of their current certification(s) to the Arapahoe Park and Recreation District at 16799 E. Lake Ave, Centennial, CO 80016;

Attention Gina Flowers, or via email ginacas@aprd.org.

This position will remain open until filled.

The Arapahoe Park and Recreation District is an Equal Opportunity Employer and ADA compliant.